

School Uniforms and Dress Codes

Rationale for School Uniforms

It is the custom and policy of Trinity Catholic School to require students to wear school uniforms. It is our belief that the wearing of school uniforms:

- Eliminates the pressure to buy expensive fad clothing
- Removes distracting apparel from classrooms
- Shifts the emphasis from the outward appearances of how one is attired to the inner qualities of one's personality and values
- Gives evidence of student membership in the family of Trinity Catholic School
- Identifies students with the standards, values, and expectations of Trinity Catholic School

Uniform Policy

All students in grades K-6 are expected to be in uniform every day, except for dress-out days. Parents are responsible for seeing that their children have proper clothes and uniforms for school. School personnel will contact parents as necessary to resolve problems of students not wearing approved uniforms.

An announced two-hour delay in school start-up time is an automatic dress-down day *unless it is a Mass day*.

Uniform Regulations

Girls Grades K - 6

Bottoms

- School plaid or navy skirts
- School plaid or solid navy jumpers
- Navy chino style dress slacks (no cargo or carpenter style slacks)
- Navy dress shorts or skorts (knee length)

Tops

- Solid white, navy, pale yellow (Land's End maize), or light blue blouses, polo, or turtleneck tops
- All tops must have a collar with no trim – only the school logo will be accepted
- Solid white or navy cardigans, pullover sweaters, or sweater vests (no trim – only the school logo will be accepted)

Other

- Navy or white crew socks or tights

Boys Grades K - 6

Bottoms

- Navy chino style dress slacks (no cargo or carpenter style slacks)
- Navy dress shorts (knee length)

Tops

- Solid white, navy, pale yellow (Land's End maize), or light blue dress shirt, polo (button style only) or turtleneck tops (no trim – only the school logo will be accepted)
- Solid white or navy cardigans, pullover sweaters, or sweater vests (no trim – only the school logo will be accepted)
- School plaid or navy tie (optional)

Other

- Navy or white crew socks

All students

Sturdy dress shoes with safety soles in colors of black, brown, or navy. Shoes must be buckle, tie or loafer style. Shoes must be worn by students *at all times*. Rubber soled shoes are recommended. Clogs, Crocs, loosely fitting shoes, slip-ons, sling-backs, sandals, open-toed shoes, shoe boots, work boots, and hiking boots are *not* permitted.

All students are required to wear their uniforms on Mondays, Tuesday, Wednesdays, and Thursdays (see Dress-Out Days) as well as designated school Mass days. Shirts and blouses must be tucked in, clean, and neat.

If a student reports to school out of complete uniform 3 times during a month, he/ she will have lunch detention.

Mass Days

Boys in grades K-6 are expected to wear blue pants, a white button-down or dress shirt (no polos), and an optional tie. Girls in grades K-6 are expected to wear a plaid or navy jumper or skirt with a white button top. Dress shoes must be worn for all school masses.

Gym Uniform

Students in grades K through 4 do not have to change clothes for gym class. Students in grades 5 and 6 are required to change into appropriate attire for gym, but are not required to wear gym uniforms. All students K-6 must wear sneakers for gym class. Students will be allowed to wear their sneakers on their assigned gym days. However, in the event that a gym day is a Mass day, the students must bring their shoes to wear to Mass.

Dress Out Days

Dress-Out passes are issued from the school office and will not be accepted by classroom teachers unless they originate from there. They will be dated and show the student's name and may only be used on Fridays unless the classroom teacher notifies students in advance they are to wear uniforms for specific classroom related activities, such as field trips, community service projects, etc. They may NOT be used on Mass days. Passes used during the current school year will not be honored the following year – with the exception of those passes earned for families working BINGO.

Sweatshirts and/or t-shirts with questionable pictures, logos, or wording are considered unacceptable. This will be at the discretion of the administration. If attire is deemed unacceptable by the administration, parents will be notified.

Hats, Jewelry, and Hair

Hats – It is expected that parents, visitors, and students will refrain from wearing hats inside the school building. Adults are requested to set an example for the children.

Jewelry – Only post-style earrings are permitted. No long dangling earrings or hoops are permitted. No other jewelry is permitted unless it is not visible, i.e. a medal on a chain worn underneath a shirt.

Hair – Hair must be a natural color. It must be clean and acceptably styled (not covering the eyes), and no fad haircuts will be allowed. Girls may be asked to pull their hair back in a ponytail if it is a distraction in the classroom or for safety reasons in physical education class. Boys' hair must be above the collar.

Nails – Nails must be clean and well groomed. Only light, neutral colored nail polish may be used.

Tattoos – No visible tattoos are allowed.

Purchase of Uniforms

Lands End is the only company that sells our school uniform plaid and has our school logo which may be embroidered on uniform items. Other uniform items may be found at other stores such as Children's Place, J.C. Penney's, Toys R Us, and Sears, as well as Lands End. We have a limited supply of used uniforms at school. Parents who have a need for additional uniforms for their children should feel free to stop in during regular office hours to check for the sizes needed.

Cold Weather Clothing

Students should be sent to school dressed warmly in late fall and winter. All students go outside at lunchtime unless it is raining or extremely cold. It is suggested that children wear hats, mittens, and boots even if there is only a small amount of snow. Younger children are encouraged to wear snow pants or snow suits to protect their school clothes and keep them dry. Girls may wear jeans or other pants outside to play so their uniforms are protected, but must change when classes begin.

Prolonged wearing of winter boots or other footgear in school all day is very poor foot hygiene. Ideally, shoes should be brought to school daily or left overnight for use each day.

Children will not be allowed to remain inside during recess without a written note of explanation. If there are chronic health problems which necessitate staying indoors in colder weather, written explanations from family physicians are required.

Children who are not dressed appropriately for the weather will not be allowed outside for recess.